



Biennial Martin Luther King Day Weekend

First Coast Trail Forgers Walking Club

We have sanctioned five walks in Jacksonville for the weekend of January 17 through January 20, 2020.

INFORMATION CONTACT: Kristin Raasch 904-563-6953 or kraasch1725@gmail.com or David Yarbrough 904-230-1178 or gatour@earthlink.net. See the club web site at: <http://www.firstcoasttrailforgerswalkingclub.org/> for a digital version of this brochure.

HOTEL INFORMATION: [Hampton Inn Oceanfront](#), 1515 1st St. North, Jacksonville Beach, FL 32250. We have blocked off a group of rooms at special rates as follows:

Standard View Rooms (No view): \$139.00 (+13% state and local taxes)

Partial Ocean View Rooms: \$159.00 (+ 13%)

Direct Oceanfront Rooms: \$179.00 (+ 13%)

These rates are guaranteed until 12/18/19 but the availability of your preferred view isn't guaranteed. The room rate includes complimentary hot breakfast buffet and parking.

Click on the hyperlink or call 904-241-2311 and ask for:

Group Name: MLK Walking Weekend Room Block **Group Code:** MWW

VOLUNTEERS NEEDED: We are in need of volunteers, especially on Friday afternoon to handle all the preregistration and registration needs. To sign up, visit

<https://www.signupgenius.com/go/70a094aafae2ca2fa7-mlk2020>.

DESCRIPTION: The Jacksonville area offers beaches, a downtown Riverwalk along the St. Johns River, nature walks, historic sites and neighborhoods. In short, we have great places to walk. In addition to the 5 walks created for this event, we have several YREs for you to enjoy. We are offering a Meet and Greet Friday night with hor d'oeuvres and a narrated water taxi tour of the downtown St. Johns River area. In addition, we have a vibrant food and microbrew community. See more information under Socials and Meals regarding dining opportunities.

STIPULATIONS: The event is open to everyone and takes place under all weather conditions unless deemed unsafe due to lightning or named storms requiring evacuation. No refunds are provided after the start of the walk.

PARTICIPATION: This is a fun event for all persons. People of all ages are welcome to participate though an adult must sign for children under 18. The walks return to the start and the completion time is 1 to 3 hours.

FOOD and WATER: We encourage you to carry your own drinking water and bug repellent. We also encourage you to use sunscreen.

DISCLAIMER: The sponsors will expend every reasonable effort to make this event safe and enjoyable for all; however, The First Coast Trail Forgers and AVA are not liable for accidents, thefts, and/or material damage.

PRE REGISTRATION AND REGISTRATION PROCEDURE: All walkers must register for a walk before they walk it. We encourage preregistration (see waiver and registration form). When you check in you'll receive directions for all walks you've paid for. If not preregistered, you may sign up for all walks on Fri night or Saturday morning at our event hotel. After that, all unregistered walkers will sign up for a walk at the group walk start point ½ hour before that group walk begins.

The following chart summarizes your registration options:

Pre Registration	Postmark by 1/3/20	Pre register for any or all walks	Pre registering will speed up the whole process.
Friday, 1/17/20	12 noon - 8 p.m.	Pre register for any or all walks and stamp books. Pick up packets with directions	Lobby of the Hampton Inn Oceanfront
Sat, 1/18/20	6:00 – 8:00 am	Pre register for any or all walks and stamp books. Pick up packets with directions.	Lobby of the Hampton Inn Oceanfront
1/17/20 – 1/20/20	½ hr before group walk at starting point	Register for only the walk the group is walking at that time.	For those who have not already registered
1/19/20	5:00 – 6:00 pm	Stamp books for those who missed some.	Lobby of Hampton Inn Oceanfront

SANCTIONED: All events are sanctioned by the American Volkssport Association (AVA), a member of the International Federation of Popular Sports (IVV).

AWARDS: None

FEES: The fee for all walkers whether for AVA/IVV credit stamp or not is \$3. You may walk these walks at any time during the weekend after you have registered for them. The times listed are the times we will walk together as a group. If walking a walk other than with the group, you should plan on starting the walk no later than 2:30 p.m. and finishing by 5:30 p.m. All walks return to the start and the completion time is 1 to 3 hours.



Jacksonville, FL - 5 WALKS OVER 4 DAYS

DATES: Friday, January 17, 2020 – Monday, January 20, 2020

LOCATIONS:

1. South Beaches

The walk route goes through Jacksonville Beach. You will pass the Jacksonville Beach Pier which is under construction after being destroyed by Hurricane Matthew in 2016. You will also go through the Jacksonville Beach town center including the Sea Walk Pavillion and the Pablo Historical Museum(<http://beachmuseum.org/>), and residential areas along the beach. The last portion of the walk is on beautiful Jacksonville Beach and boardwalk. Dogs on leashes are allowed.

Start Point: Hampton Inn Oceanfront Lobby, 1515 1st St. North, Jacksonville Beach, FL

Group Walk Date and Time: Friday, January 17, 2020. Arrive at 1:00 p.m. at the start point to register. The group walk starts at 2:00 p.m.

Trail Rating: 1C

Distances: 10k and 5k

Special Programs: *Walking the USA A-Z*

Directions: <https://goo.gl/maps/6RHqAAZp7NgIKHy3A>

2. Hanna Park

There is a \$5.00 park entrance fee per car (up to 6 people).

Our 10K walk will include a mixture of hiking trails and beach walking. 5K walkers have their choice Between doing the nature trail or walking the beach route. Not suitable for strollers or wheelchairs. Dogs on leash are allowed on the trails. Click the link for more information on this City Park.

[Hanna Park](#)

Start Point: Hanna Park, 500 Wonderwood Dr., Jacksonville, FL 32233, Parking Lot 8

Group Walk Date and Time: Saturday, January 18, 2020. Arrive at the start point at 8:15 a.m. to register. We will begin the group walk promptly at 8:30 a.m.

Trail Rating: 1B (5K trail) or 1C (5K beach or 10K). **Distances:** 5K or 10K

Special Programs: *Walking the USA A-Z*

Directions: <http://goo.gl/maps/Oi1bT> After entering Hanna Park, continue on the entrance road until you see the sign for Parking Lot 8. You will turn left there toward the beach to the parking lot.

3. Ft. George Island

The walk will begin at the legendary historically restored Ribault Club, established in 1928 as a playground for the affluent. It now serves as the gateway to the Timucuan Preserve. The walk passes through the old golf course formerly associated with the Club and then goes on to the Kingsley Plantation. The Plantation is an early 1800's sea island cotton plantation. You will pass remains of the tabby structures and slave quarters. Get a glimpse of the Ft. George Episcopal Church, Point Isabel and the plantation gift shop bookstore. Stop by the Visitor's Center to learn more about the history of the area. This link, [Kingsley Plantation](#) has a short history of Kingsley Plantation.

Click this link for more information on the state park. [Ft. George Island Cultural State Park](#). Dogs are welcome.

Start Point: Parking area across from the Ribault Club, 11241 Fort George Rd., Jacksonville, FL.

Group Walk Date and Time: Saturday, January 18, 2020. Arrive at the start point at 1:45 p.m. to register. We will begin the group walk promptly at 2:15 p.m.

Trail Rating: 1B

Distances: 5K and 10K

Special Programs: *Walking the USA A-Z*

Directions: <https://goo.gl/maps/mfzar35Agzn>

4. Historic Downtown Jacksonville

On May 3, 1901, a fire that began in a factory became an uncontrollable blaze that spread quickly eastward across Downtown. By the end of the day, the fire burned 2,368 buildings and 466 acres including the oldest and most densely populated areas of Downtown. It left 8,677 residents homeless. Jacksonville was helped by many across the nation with relief funding and rebuilding by some of the country's most distinguished architects, including H. J. Klutho. Many of these beautiful structures built after the fire remain in downtown Jacksonville. The directions include notes on historic structures for those interested.

Start Point: Parking lot across from Tidbits (1076 Hendricks Ave., Jacksonville, FL)

Group Walk Date and Time: Sunday, January 19, 2020. Arrive at the start point at 8:30 a.m. to register. We will begin the group walk promptly at 9:00 a.m.

Trail Rating: 1A

Distances: 5K and 10K

Special Programs: *Rockin' Around the Clock, Walking the USA A-Z*

Directions: <https://goo.gl/maps/TXjbivw5FSRFTmDH9>

5. North Beaches

Trail is on paved sidewalks/streets and sandy beach. The walk goes through charming residential areas of Atlantic Beach as well as a walk on the beach. This area is a delightful change of pace from much of coastal FL. Restrooms, restaurants and shops are located in the Town Centre area (about midpoint in the 10k walk). Dogs on leashes are allowed.

Start Point: Hampton Inn Oceanfront Lobby, 1515 1st St. North, Jacksonville Beach, FL

Group Walk Date and Time: Monday, January 20, 2020. Registration is from 8:30 – 9 a.m. . We will begin the group walk promptly at 9 a.m..

Trail Rating: 1C

Distances: 5K and 10K

Special Programs: *Ice Cream Parlors, Free Little Libraries., Rockin' Around the Clock, Walking the USA A-Z*

Directions: Map: <https://goo.gl/maps/6RHqAAZp7NgJKHy3A>

SOCIALS and MEALS:

Friday evening Meet and Greet: Join us Friday evening from 5 -8:00 pm for heavy snacks in the Sand Dollar Room of the Hampton. A cash bar is available. It will be a great opportunity to get to know some of your fellow walkers. There is a charge of \$20.00 for this event.

Restaurants: We have compiled a partial list of restaurants, including websites, available for lunches and dinners. The list will be available at registration (or earlier via email).

Sunday Water Taxi Narrated Tour:

A 2 hour private water taxi tour on the St. Johns River is available on Sunday afternoon at 2:00 p.m. for \$20 per person. Included in this price will be wine, water and soft drinks. Space is limited so please register early. Please arrive on time or early so you don't miss the departure.

Transportation in the San Marco Area (where the Historic Downtown walk and water taxi tour will start) and the Beaches Area: Transportation is available via beach buggy in both the beaches area and San Marco. There is no charge for the service but tips are requested. It is a great way to get around for restaurants or other attractions. There is an app, Beach Buggy-Free Local Rides, but you can also flag down any buggy you see or text drivers. Text numbers will be available at registration.

REGISTRATION AND WAIVER FORMS

Please print/copy this page; complete forms and sign waiver. You may sign up to 2 people with same address. All must sign waiver (adult for children under 18). Mail with check made out to FCTF Walking Club to: David Yarbrough, FCTF Treasurer, 560 Redberry Lane, St. Johns, FL, 32259 **postmarked by January 3, 2020.**

Name #1: _____ Name #2: _____

Address: _____

Home Phone: _____ Cell Phone: _____

Email #1: _____ Email #2: _____

Check desired walks below:

SIGN Waiver		All Walkers \$3.00	Social Event		✓ if attending	
Beaches South	#1		Fri. night Meet and Greet	#1		\$20.00
	#2			#2		\$20.00
Hanna Park	#1		Sunday water taxi tour	#1		\$20.00
	#2			#2		\$20.00
Ft. George	#1					
	#2					
Historic Downtown Jacksonville	#1					
	#2					
Beaches North	#1					
	#2					

Total enclosed: _____

You can write one check for walks, meet and greet and water taxi for one or both participants if appropriate. Please indicate on the check who is included.

Waiver

Amateur Athletic Waiver and Release of Liability

In consideration of being allowed to participate in any way in American Volkssport Association volkssporting programs and related events and activities, the undersigned

1. Agrees that before or during my participation, if I believe anything is unsafe, I will immediately advise the event supervisor or other person in authority at the volkssporting program and the related events and activities of such conditions and refuse to participate;
2. Acknowledges and fully understands that each participant will be engaging in activities that could involve risk of serious injury, including permanent disability and death and severe social and economic losses which might result not only from my own actions, inactions or negligence of others, or the condition of the premises, the trail or any equipment used. Further, that there may be other risks not known to us or not reasonably foreseeable at this time;
3. Assumes all the foregoing risks and accept personal responsibility for the damages following injury, permanent disability or death;
4. Release, waive, discharge and promise not to sue the American Volkssport Association, its affiliated clubs, their respective administrators, directors, agents, or other volunteers and employees of the organization, other participants, sponsoring agencies, sponsors, and advertisers and if applicable, owners and leasers of premises used to conduct the event, all of which are hereinafter referred to as "releasees," from demands, losses or damages on account of injury, including death or damage to property, caused or alleged to be caused in whole or in part by the negligence of the releasee or otherwise.

The undersigned has read the above waiver and release, understands that I have given up substantial rights by signing it and sign it voluntarily. I further understand that if I place my name on the form upon which this waiver and release is printed, that I voluntarily agree that I understand that I have given up substantial rights.

Signature

#1: _____

Signature

#2: _____

