

(Ohio continued)

Yellow Springs
Zanesville

I-71 Berea (2)
Columbus (5)
Mansfield

I-75 Centerville
Dayton (2)
Oakwood
Piqua
Versailles
Waterville

I-80/90 Swanton
Toledo

I-80 Kent

I-90 Cleveland (2)
Conneaut



Kentucky - the Blue Grass State - includes the Louisville Slugger baseball bats and the

Ohio River on the Big Four Bridge walks, as well as its State Capital.

I-64 *Frankfort*
Louisville (3)

I-65 Louisville (3)

I-69 Henderson

I-71 Covington (2)

I-75 Covington (2)
Frankfort



Michigan - The Great Lakes State - with walks in famous cities, along lakes and quiet

towns in the west and east and in-between.

I-69 *Lansing*

I-75 Monroe

I-94 Ann Arbor (2)
Chelsea
St. Joseph
Ypsilanti

SPECIAL CORRIDOR NOTES

- A-Z Special Program: Ohio offers the hard to “get” U, X, Y, Z cities along the I-70 corridor. Michigan the Y city along the I-94 corridor.
- Major urban centers like Chicago, St. Louis Metro East, Indianapolis, Columbus, Cleveland, Dayton, Toledo have three-digit interstates (like I-290) which circumvent the city’s center. Some walks are accessible or along these routes also. Check a map to be precise.
- Clusters of walks around *urban areas* allow for overnight stays in our Region and offer multiple walks in an area.
- Note the *time zone changes* in the Region.
- Our five State Capitals are noted in *italics*.



**CORRIDORS
TO/FROM
2019 AVA
CONVENTION**



**MID-AMERICA REGION
WALKS
NEAR INTERSTATE
HIGHWAYS**



OUR REGION'S CORRIDORS

We welcome you to the Mid-America Region of the American Volkssport Association. From the coalfields of Kentucky and Ohio on the east to the wide-open Illinois prairie on the west, from the Great Lakes surrounding Michigan in the north to the rivers and roads of Indiana and Kentucky in the south, the Mid-America Region is the interstate corridor to and from AVA's 2019 Biennial Convention. In the north the Region is traversed by I-90 and I-80; in the south by I-70 and I-64. Major north-south interstates include I-55, I-57, I-65, I-69, I-71, and I-75. So, if you are driving to or from the Convention, plan to pass through our Region. Walks are as near as a few miles, and others ten or more miles, from our interstate corridors.



TAKE A BREAK IN MID-AMERICA

We invite you to walk our trails as you travel. When you need a break from the pavement in front of you, take a walk with us! When you need to stretch your muscles, we are here for you with a walk! If you need to prepare for Convention walks, get started in our Region. When you find the drive long and your concentration short, try a refreshing Mid-America walk! We know you'll find it worth the stop . . . or two or three . . . along your way to and from the Convention!

TRAVEL CORRIDORS



The Interstate Highways are listed in numerical order and walks near them in alphabetical order. Please refer to AVA's internet site for a map of YREs and Seasonals, walk descriptions, and directions to the start points: http://clubs.ava.org/ava_search.asp.



Illinois - Land of Lincoln - offers the State Capital, Chicago metropolitan and Metro Saint Louis walks.

St. Louis Metro East

Belleville (4)	Columbia
Edwardsville (2)	Fairview Heights
Glen Carbon	Hartford
Maryville	O'Fallon (2)

I-55 Litchfield
Springfield
Wilmington

I-57 Champaign
Paxton

I-72 Decatur
Springfield

I-74 Champaign

I-80 Frankfort
Morris

Greater Chicago

Downers Grove	Chicago (2)
Geneva	Hinsdale
Oak Brook	Oak Park
Wheaton	



Indiana - Crossroads of America - offers small and large communities, state parks and city walks in Indianapolis, Fort Wayne, Evansville and South Bend areas.

I-65 Columbus
Franklin
Greenville
Indianapolis (3)
Zionville

I-69 Angola (Pokagon State Park)
Bloomington
Carmel
Evansville (2)
Fort Wayne (3)
Indianapolis (3)
Noblesville

I-70 *Indianapolis (3)*

I-80/90 Angola (Pokagon State Park)
Chesterton
Middlebury
South Bend
Valparaiso



Ohio - The Buckeye State - with walks along rivers, byways, parks and historic areas near major urban areas - Columbus, Cleveland, Dayton, and Toledo.

I-70 *Columbus (5)*
Dayton (2)
Fairborn (2)
Urbana
Xenia

(Ohio continued next page)