



The Centurion Achievement Challenge

Instructions

Introduction: Experts everywhere are touting the health benefits of *regular* exercise. But, *regular* is the operative word. At AVA we believe this means consistently participating in Volkssport walks and other events. The Centurion Achievement Challenge was created to encourage and recognize those who make a special, serious commitment to the “Fitness” aspect of our Fun Fitness Friendship slogan.

The rules may seem a little daunting at first, but it is really very simple: participate in 100 events in a single calendar year. AVA will recognize your accomplishment with a distinctive patch that demonstrates to the world that you are a Volkssport Centurion. A lifetime of fitness begins with a single stride. Come on, you can do this!

Participation Requirements:

- be AVA Associate Members (annual or lifetime) in good standing at the time of annual registration
- complete and record 100 IVV events during a calendar year.

Registration:

- Participants may initially register for the 2023 Challenge between October 1, 2022 and September 30, 2023 using the official registration form. Late filings will automatically be registered for the 2023 Challenge.
- The 2023 registration fee for each new participant is \$15.00 which includes the cost of registration, the achievement record book and one-time Centurion patch. Any additional books within the same year can be purchased for \$10.
- Fees are paid at the time of registration. To make sure you have an incentive to finish, there are no refunds or adjustments for participants failing to qualify for awards by completing 100 events within the calendar year.
- Centurion Achievement Challenge registration forms and fees are submitted to AVA Centurion Achievement Challenge, 1008 S. Alamo St., San Antonio, Texas 78210.

Achievement Record:

- IVV events of any type from anywhere in the world may be entered into the record book.
- As each event is completed, the participant may enter one IVV Event Stamp into the Centurion Achievement record book. The calendar year of stamps must match the calendar year printed on the book. Handwritten information is not acceptable.
- The same event may be completed and entered into the record book multiple times.
- To be eligible for patches, record books must be completed with 100 qualifying stamps within the calendar year of the achievement record book and submitted to AVA no later than February 15 of the following year. Event carryover from one calendar year to the next is not permitted.
- Completed Centurion Achievement Challenge record books must be submitted to: AVA Centurion Achievement Challenge at 1008 S. Alamo St., San Antonio, Texas 78210. For questions call (210) 659 2112.
- Circumstances may not permit participation every year, that's fine. It is acceptable for participants to participate in some years and not in others.