

MISSION STATEMENT

Promote and organize noncompetitive fitness activities that encourage lifelong fun, fitness and friendship for all ages and abilities.

VISION STATEMENT

Increasingly engage Americans in lifelong walking and other noncompetitive physical fitness activities.

VALUES STATEMENT

- 1) Health and Safety
- 2) Volunteering and Public Service
- 3) Non-Competitive and Inclusive
- 4) Adventure and Camaraderie
- 5) Environmental Stewardship
- 6) Transparency and Accountability