

Lace It Up 5k or 2.5k For Our Seniors Run/Walk

A run/walk for ALL ages to raise money to help our seniors and caregivers.

Saturday, May 19, 2018 • 8:00 a.m.
Mission County Park & Pavilion

6030 Padre Drive, San Antonio, Texas 78214

Race: 8:00 a.m.

Race-Day Registration: 7 a.m. - 8 a.m.

Strollers and Pets Welcome

Mail In Registration: WellMed Charitable Foundation
8637 Fredericksburg Rd., Ste.100 San Antonio, TX 78240

Email Registration: bpratt@wellmed.net

Registration:

**FREE: Seniors age 60+
and Kids 10 & under**

\$20 WellMed Employees and their Families (pre-registration)

\$25 Pre-registration

\$30 On-site registration

**\$25 Sleep Walker I support seniors,
but I'd rather sleep in and get a blanket.**

Race coordination by: 

Register at: www.WellMedGives.org • For information Call Brittany Pratt, 210.301-8800

First Name _____ Last Name _____ Male / Female

WellMed Employee ☐ WellMed Family Member ☐ Senior ☐ Senior Center _____

Address _____ Zip code/ _____

Email Address _____ Date of Birth _____

I am registering for: 5K ☐ 2.5K ☐ Sleep Walkers ☐ (blanket only)

Adult T-Shirt Size (Circle one) S M L XL XXL Child Sizes YL

Make checks payable to: WellMed Charitable Foundation

Total Payment \$ _____

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ASSUMPTION OF RISK, INDEMNIFICATION AND PUBLICITY RELEASE AGREEMENT

1. The participant, or the parent or legal guardian on behalf of the participant, (together, "Participant") certifies that the Participant is in good health and is able to participate in a running (5K) or walking (2.5K) event. The Participant recognizes that activities at the 2018 RUN FOR SENIORS Run/Walk ("Event") hosted by the WellMed Charitable Foundation ("WCF") and other sponsors are non-essential lifestyle activities and may involve strenuous activities and may include injuries or death from exercise or the condition of the premises which are provided in an "AS IS" condition, including the parking area and other areas; slips, twists or falls; and other possible risks too numerous to state herein, regardless of the care or caution exercised by WCF, Participant, other participants in the Event, or the Sponsors. PARTICIPANT KNOWINGLY EXPOSES HIMSELF OR HERSELF AND/OR HIS OR HER CHILD(REN) TO SUCH RISKS IN RETURN FOR BEING PERMITTED TO PARTICIPATE IN THE EVENT.

2. IN CONSIDERATION OF WCF AGREEING TO PERMIT PARTICIPANT TO ENGAGE IN THE EVENT, PARTICIPANT HEREBY RELEASES THE WCF AND ITS DIRECTORS, OFFICERS, EMPLOYEES, VOLUNTEERS, AGENTS AND SPONSORS (COLLECTIVELY THE "RELEASEES") FROM AND AGAINST ALL CLAIMS FOR LOSS, DAMAGE TO PARTICIPANT'S PROPERTY AND/OR INJURY TO PARTICIPANT INCLUDING, BUT NOT LIMITED TO, INJURY AND/OR PARTICIPANT'S DEATH CAUSED IN WHOLE OR IN PART BY THE ACTS, OMISSIONS OR NEGLIGENCE OF RELEASEES OR THE PREMISES. IN ADDITION, PARTICIPANT HEREBY AGREES TO INDEMNIFY AND HOLD HARMLESS THE RELEASEES FROM AND AGAINST ALL CLAIMS AND EXPENSES RELATING TO LOSS OR DAMAGE TO PARTICIPANT'S PROPERTY AND/OR INJURY TO PARTICIPANT INCLUDING, BUT NOT LIMITED TO, DEATH EVEN IF CAUSED BY THE NEGLIGENCE OF RELEASEES.

3. I give my consent and permission to the WCF, its affiliates and sponsors the irrevocable right to use, for any purpose whatsoever and without compensation, (i) any photographs, videotapes, audiotapes, or other recordings of me that are made during the course of recognizes that activities at the Event; and (ii) the results of my participation in this Event (e.g., race time, name, participant number). Participant agrees that any claim arising out of or relating to any matter relating to the Event or the Releasees, including, but not limited to loss, damage to Participant's property and injury to Participant, including, but not limited to, death, will be resolved exclusively by arbitration in San Antonio, Texas by a single arbitrator pursuant to the American Arbitration Association's Commercial Arbitration Rules. Participant understands that Participant is hereby agreeing to waive any claims or rights that Participant might otherwise have to sue Releasees and is giving up substantial rights and has signed it freely and voluntarily without any inducement, assurance or guarantee and intend my signature to be an unconditional assumption of risk, release of liability and indemnification to the fullest possible by law. This is the entire agreement between the Participant and WCF.

Participant has read, understands and agrees to the provisions written above and further agrees that this agreement only be amended in writing signed by the WCF.

Participant Name (Please Print)

Date

Parent/Legal Guardian Name (If participant is under 18)

Signature of Participant or Guardian