

1. All walkers must enroll for 2019, this includes returning participants.
2. Returning walkers will be given a grace period of 30 days from the start of the program to re-register. If you have not re-registered by Jan 31, you will be removed from the program.
3. If you are removed from the program, any steps entered before re-registration will not be counted.
4. If you are removed from the program, you must go through the registration process with AVA as well as the Walker Tracker invitation link sent to you by vop@ava.org.
5. Only steps will be counted. Those walkers posting kilometers without a pedometer must change them to steps. You can easily do this by contacting vop@ava.org for individual help and instruction.



Regional Team Challenge

1. The challenge will run from January 1 until the Albany convention award dinner. The exact time of day will be announced at a later date.
2. The award will be a traveling trophy presented at the award dinner by the AVA President to the Regional Director whose team has averaged walking the most steps.
3. Regional teams have already been set up in Walker Tracker. Join your regional team by clicking on the team tab in your walker tracker account. (vop@ava.org can help if needed). Regional Directors may also send you an invitational email to join your region.
4. Walkers must be enrolled in Walkin' Canada to participate on a Regional Team.
5. A walker may only be included in one regional team. Canadian walkers will not be eligible for the AVA regional challenge.
7. Only steps will be counted. The steps are averaged so a team of 5 or 50 still has the same opportunity.
8. A walker can be a member of a club team as well as a regional team as they are not challenging one another.