



AVA: America's Walking Club
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 San Antonio, TX 78210
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Falcon Wanderers - AVA-072/CO-02
 P.O. Box 17162
 Colorado Springs, CO 80935-7162
 Website: www.falconwanderers.org
 E-Mail: Walking@falconwanderers.org

THIS EVENT IS CO-SPONSORED BY:

**FALCON WANDERERS
 WALKING CLUB
 AVA-072/CO-02**

FALCON WANDERERS CONTACT: Terry Lunghofer (719) 597-4307
FALCON WANDERERS WEBSITE: www.falconwanderers.org
CLUB E-MAIL ADDRESS: Walking@falconwanderers.org

EVENT GUIDELINES: This event is open to everyone. Every participant, regardless of age, must register to participate in these events and must sign an American Volkssport Association athletic waiver (liability disclaimer). A parent or guardian must sign for children under 18. All participating children under age 12, must be accompanied by an adult. All participants agree to observe the principles of good sportsmanship. Littering is prohibited.

EVENT DISCLAIMER: The sponsors are not liable for accidents, theft and/or material damage. Every effort will be made by the sponsors to make this a safe, enjoyable, and memorable event. Event cancellation is rare, but road closures and/or safety precautions, due to weather conditions, etc., can dictate the need to cancel an event. Please check the event sanction website listed below before traveling to the event. Anything extraordinary will be noted there.

Website Address: <https://my.ava.org/event-view.php?sn=124461>

***** EVENT PRE-REGISTRATION REQUIRED *****

August 21st – October 6th, Call Outdoor Rec: 719-333-4475



**UNITED STATES AIR FORCE ACADEMY
 FARISH RECREATION AREA
 WOODLAND PARK, CO**

Altitude: 9000 FT

October 7, 2023

5Km (3.1 miles) Walk

***** EVENT PRE-REGISTRATION REQUIRED *****

August 21st – October 6th, Call Outdoor Rec: 719-333-4475

IVV CREDIT ONLY



PHOTO: Walkers on a past Farish Volksmarch



RM23-124461

***** EVENT PRE-REGISTRATION REQUIRED *****

August 21st – October 5th, Call Outdoor Rec: 719-333-4475

Event Sanction Website: <https://my.ava.org/event-view.php?sn=124461>

Sometimes called a “volksmarch” and sometimes a “volkswalk”, this event is sanctioned by the American Volkssport Association, a not-for-profit corporation, dedicated to offering opportunities for non-competitive exercise and the enjoyment of good fellowship.

THIS EVENT IS FREE AND OPEN TO THE PUBLIC

START/FINISH: Conference Center, Farish Recreation Area, 12005 Rampart Range Road, Woodland Park, CO 80863.

WHEN: Saturday, October 7, 2023

START: 8:00 - 11:30 a.m.

FINISH: By 2:30 p.m.

DISTANCES: 5 Kilometers (3.1 miles) only

***** PRE-REGISTRATION ONLY ***:** All walk participants MUST reserve a walk start time between 8AM – 11:30AM. All 10Km walkers must register to start walking NLT 10:30AM. Please arrive 10 minutes prior to your reservation time to complete final registration. Pre-registration opens August 21st and closes October 6th. Call Air Force Academy Outdoor Rec (ORC), 719-333-4475, to schedule a walk start time. ORC Hours: Mon, Tue, Thu: 8:30am - 5:30pm; Wed: 8:30am - 1:30pm; Fri: 8:30am - 6:00pm; Sat: 8:00am - 3:00pm. No pre-payment is accepted. Information ORC will request: name, phone number, email address, and if you intend to purchase food or beverage.

Completion of registration cards and payment for walk credit will occur on-site. Cash or checks only. Musical (accordion) entertainment by Susan Nosal (Edelweiss) will be provided and a variety of German foods will be available for purchase from Germans Pretzel Kings Food Truck (see menu at their website).

INFORMATION: Contact Heidi Killion or any other USAFA Outdoor Recreation Center personnel at (719-333-4475).

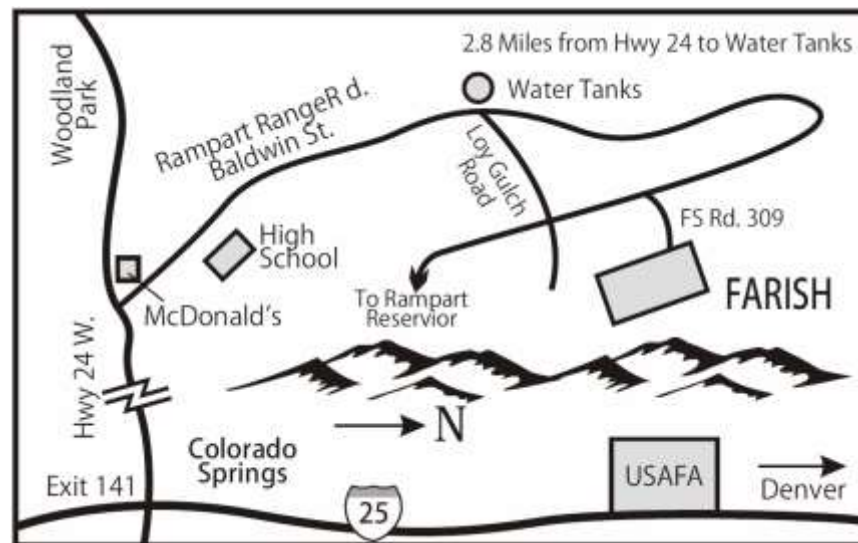
USAFA OUTDOOR RECREATION CENTER E-MAIL ADDRESS:
usafaoutdoorrec@gmail.com, attn: Heidi

USAFA OUTDOOR RECREATION CENTER WEBSITE:
www.usafasupport.com/outdoor-recreation.html

FARISH WEBSITE:
<https://usafasupport.com/farish-recreation-area/>

TRAIL DESCRIPTION: The 5Km trail route is on narrow (single track), dirt trails and gravel roads with uneven surfaces. The trail route is rated 3B in difficulty due to several hills and the altitude (9000 ft). Strollers and wheelchairs are not recommended. No indoor restrooms will be available; only porta-potties. Pets must be leashed and bring bags to pick up after your pet. Walkers wishing to complete a 10Km distance may complete the 5Km loop a second time for no additional charge.

AWARD: This is an IVV Credit Only Walk. This event counts towards the acquisition of IVV Achievement Awards. Bring your books. Books will be available for purchase at the start/finish.



DIRECTIONS: The trail is located at Farish Recreation Area directly west of the USAF Academy on the western slope of the Rampart Range (see map). From I-25, take Exit 141 (US Hwy 24 West) and turn west. At Woodland Park, turn right on Rampart Range Rd (Baldwin St). This is the light immediately east of McDonald's. Proceed out of town on Rampart Range Rd. Just past the water treatment facility, the road forks, turn right for approx. 2 miles following the Farish signs. Turn left onto Loy Creek Rd and follow the signs to the entrance into Farish. The Facility is 5.5 miles past the stoplight at McDonalds. There will be no gate fee charged on the day of the event. Parking is limited, please consider carpooling.

SPECIAL PROGRAMS: Walking the USA, A-Z; IVV-Americas; and Centurion Achievement Challenge. During the walk, if you identify any item or element that fits the requirements for additional programs, please provide us with your special program book and we will stamp it.

NEW WALKER PACKETS: As an added incentive to participate in the volkssporting achievement awards program, new walker packets will be available. These packets allow the walkers new to the sport a “running” start at a reduced rate.

WATER/FOOD: Water will be available at the start/finish and checkpoints. Carrying water is highly recommended.

Dress for the weather. Bring your own snacks, water, sunscreen, hats, & cameras.

FALCON WANDERERS VOLKSSPORT CLUB MEMBERSHIP INFORMATION: First year membership dues are \$10/person, \$16/couple, and \$20/family providing electronically distributed club information. Renewal fees are \$8 per household with free renewals for households with a person 70 years of age and older. For more information, call (719) 597-4307.